



Catalogue: **Park & Playground Equipments**

Category: **Resistance Fitness**

Code: **PF21100**

Description:

Innovative resistance Cross Trainer station, made with high-quality materials such as stainless steel, HDPE, and powder coating that guarantee resistance to corrosion, mechanical damage, and vandalism.

The state-of-the-art resistance mechanism is based on a hydraulic pump that ensures natural movement, smooth load adjustment, and high safety without overheating or wear on friction components. The difficulty level can be adjusted to suit the abilities of each user, from beginners to experts.

There are two installation methods (screwed into concrete or fixed to an anchor in unpaved ground) with stainless steel screws and durable finishes.

Training dedicated to the muscles of the legs, shoulders, and arms, effective for blood circulation and coordination.